



# NESA DAYS 2018

New European Surgical Academy

*International and Interdisciplinary Congress of the  
New European Surgical Academy on*  
**EXCELLENCE IN SURGERY**

*PERUGIA, Italy*

*April 19-20-21, 2018*

*“He is a good surgeon who possesses courage and presence of mind, a hand free from perspiration, tremorless grip of sharp and good instruments, and who carries his operation to success and to the advantage of the patient, who has entrusted his life to the surgeon. The surgeon should respect the absolute surrender and treat his patient as his own son “(Susruta Samhita, 780 BC)*

**Congress President and NESA Secretary General**  
**Gian Carlo Di Renzo**, Perugia – Italy

**NESA President**  
**Michael Stark**, Berlin – Germany

**NESA Director**  
**Tahar Benhidjeb**, Abu Dhabi – UAE

**Congress Coordinator**  
**Sandro Gerli**, Perugia – Italy

ORGANIZING SECRETARIAT



Headquarter: Via Paolo Emilio, 10 - 00192 Roma - Tel. 0039 06 87756870 - 0039 06 3202261 - E-mail: [info@nesadays2018.org](mailto:info@nesadays2018.org)

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## April 19, Thursday

9:30 am - 4:00 pm

### PRECONGRESS LIVE SURGERY

*Scuola di Medicina* – University of Perugia

Participants can follow the performance from the Aula Magna of the “Scuola di Medicina”

#### Confirmed surgeons:

*Gabriela Baiocchi, Geoffrey Cundiff, Alfredo Damiani, Danilo Dodero, Sandro Gerli, Antonella Giannantoni, Mario Malzoni, Alberto Mattei, Ivan Mazzon, Ettore Mearini, Giuseppe Micucci, Camran Nezhat, Farr Nezhat, Gennaro Raimondo,*

### OPENING CEREMONY

6:00 p.m. – 7.30 p.m.

**Sala dei Notari – City Centre**

*Chairpersons:* G.C. Di Renzo, M. Stark, T. Benhidjeb, S. Gerli

#### Opening lectures:

*“Highlights in the history of female surgery”*

**Donatella Lippi – Firenze**

*“Medicine, war and human rights”*

**Gino Strada – Emergency**

**Welcome Cocktail – (PREIS School, Florence)**

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## April 20, Friday

8:30 am - 10:30 am

### Session 1 – Room A

#### *“Advances in hysteroscopy”*

*A little look save a lot of talking (Ivor Lewis 1895-1982)*

*Chairpersons: Paul Fogarty, UK - Gennaro Raimondo, Italy*

*T-shaped uterus: resectoscopic treatment - Ivano Raimondo, Italy*

*Resectoscopic treatment of retained products of conception*

*Luis Alonso Pacheco, Spain*

*Adenomyomectomy - Abo Taleb Saremi, Iran*

*Hysteroscopy and refractory endometrium – Luis Alonso Pacheco, Spain*

### Session 2 – Room B

#### *“Breast surgery”*

*Today it is a marvel, tomorrow it can be in the trash bin (Alexandr Solzhenitsyn 1918-2008)*

*Chairpersons: Sven Becker, Germany - Paolo Gerli, Italy - George Zografos, Greece*

*miRNAs in breast cancer – Eleni Zografos, Greece*

*How oncology determines surgery: from Halstead to Veronesi - Sven Becker, Germany*

*Coexistence of pregnancy and breast cancer diagnosis - Flora Zagouri, Greece*

*Muscle sparing–skin reducing mastectomy - Paolo Gerli, Italy*

10:30 am

*Coffee Break*

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11:00 am - 1:00 pm

## Session 3 – Room A

### *“Cesarean delivery”*

*The decision is more important than the incision (Robert Lawson Tait 1845-1899)*

Chairpersons: G.C. Di Renzo, Italy - M. Stark, Germany

*Evidence based cesarean section - Michael Stark, Klaus Vetter, Germany*

*Cesarean section in China – Yanyan Ma, China*

*Birth in war areas and the impact of cesarean delivery - Raffaella Baiocchi,*

*Emergency*

*Cabo Verde: Time to switch from cesarean delivery to vacuum delivery*

*Tom Schneider, Netherlands*

*Complications of cesarean section: 50 years ...??... – Nicholas Pairaideau, Toronto*

## Session 4 – Room B

### *“Check list in surgery, operative surveillance, postoperative pain”*

*\*A young doctor starts career with 20 drugs per disease and the old physician ends career with one drug per 20 diseases (William Osler 1849-1919)*

*\*Every surgeon should himself supervise the postoperative treatments (John Blair Deaver 1855-1931)*

*\* The surgeon who learns the basic precepts of asepsis, hemostasis, adequate exposure, and gentleness to tissue has mastered his/her most difficult lessons (Robert M Zolliger 1903-1992)*

Chairpersons: F. Puma, Italy - P.A. Wetter, USA

*ERAS (Enhancement recovery after delivery – Jacopo Vannucci, Italy*

*..... - Pierluigi Benedetti Panici, Italy*

*Post surgery debriefing: the impact on safety, quality management & teaching Doron Kopelman, Israel*

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**1:00 pm - 2:00 pm**

*Lunch Break and Posters View*

**2:00 pm - 4:00 pm**

## **Session 5 – Room A**

### **“Endometriosis”**

***By applying this broader set of criteria, we were able to uncover substantial, if not irrefutable, evidence that hysteria, the discredited mystery disorder of women, was most likely endometriosis in the majority of cases (Nezhat brothers, 2012)***

*Chairpersons: Leila Adamyan, Russia - Mario Malzoni, Italy*

*Ultrasound diagnosis of deep infiltrating endometriosis – Igal Wolman, Israel*

*New non-invasive tools in the diagnosis of endometriosis – Leila Adamyan, Russia*

*Difficulties in laparoscopic treatment of deep infiltrating endometriosis*

***Farr Nezhat, USA***

*3D laparoscopy for surgical management of endometriosis - Mario Malzoni, Italy*

***Special Lecture: Need for paradigm shift in endometriosis management methods -***

***Abo Taleb Saremi, Iran***

## **Session 6 – Room B**

### **“Cesarean delivery: complications and morbidity”**

***It is possible that placenta may adhere so firmly as to make it unsafe to separate it with our fingers (Thomas Denman & Michael Ryan, 1836)***

*Chairpersons: Mark Kurtser, Russia – Gerry H. A. Visser, Netherlands*

*The epidemics of cesarean delivery and the FIGO initiative to reduce its impact worldwide – Gerry H. A. Visser, Netherlands*

*Uterine morbidity after caesarean section – Antonio Malvasi, Italy*

*Management of postpartum hemorrhage in placenta previa - ..... TBA*

*The long term results and chronic pain after cesarean section*

***Dragan Belci, Croatia***

*Myomectomy during caesarean delivery – Andrea Tinelli, Italy*

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**2:00 p.m. – 6:00 p.m.**

## **Session 7 – Room C**

### *Ecology of Birth*

*Chairperson: Michael Stark, Italy - Clara Scropetta, Italy*

*The evidence based Cesarean section, risks of its overuse and how could midwives contribute to the reducing of its use - **Michael Stark, Germany***

*The two so widely spread obstetrical scars: c-section and episiotomy - **Michael Stark, Germany***

**4:00 pm**

*Tea Break*

**4:30 pm - 6:00 pm**

## **Session 8 – Room A**

### *“Advance in gynecological laparoscopy”*

*\***Laparoscopy has a definitive role in cases where the trauma of incision is greater than that of excision (Anonymous)***

*\***Humans can survive easily without an appendix, but surgeons can do so only with difficulty (Rudolph Virchow 1821-1902)***

*Chairpersons: Alberto Mattei, Italy - Liselotte Mettler, Germany - Nicolae Suci, Romania*

*“Essentials” in gynaecological endoscopy – **Alberto Mattei, Italy***

*The comprehensive approach for hysterectomies via laparoscopy*

***Liselotte Mettler, Germany***

*Hystero-laparoscopy modern diagnostic and curative approach in infertile patient*

***Nicolae Suci, Romania***

*Low pressure laparoscopy with abdominal wall lifter – **Alfredo Damiani, Italy***

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## Session 9 – Room B

### *“Tele-Surgery and robotics”*

*When did the march of history start breaking into the sprint? (Toon Verhoeven, 1995)*

*Chairpersons: Camran Nezhat, USA - Giovanni Scambia, Italy*

*Role of robots and robot arms in minimally invasive surgery - Camran Nezhat, USA*

*Evaluation of robotic surgery: multiport, single port, flexible, innovative robots*

*Antonello Forgione, Italy*

*Role of robots in urogynecology – Andrea Boni, Italy*

**6:30 pm - 7:30 pm** *Light Dinner*

**7:30 pm** Transfer to Assisi by bus

**8:30 pm** *Concert at the Basilica of St. Francis – Chorus of Friars*

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## April 21, Saturday

8:30 a.m. - 10:30 a.m.

Session 10 – Room A

### *“New Projects and Progress in Surgery”*

*\*When doctors and scientists became ill, they ask “Who is the best doctor for this problem?” and not “Which multicentre controlled trial would be best for me?” (Emil Jay Freireich 1996)*

*\*A good surgeon is a doctor who can operate and knows when not to operate (Theodor Kocher 1841-1917)*

*Chairpersons: Doron Kopelman, Israel – Svend Schulze, Denmark*

*Uterine fundectomy: new surgical technique and indications*

*Abo Taleb Saremi, Iran*

*Fertility sparing surgery in treatment of early stages of cervical cancer - the new standard of care - Alexandar Stefanovic, Serbia*

*“NESA Viezion Project”: Oncology treatment in the 21<sup>st</sup> century- Michael Stark, Germany*

*Modified McDonald cerclage: technique and outcome - Atiyeh Mirfendereski, Abo Taleb Saremi, Arash Pooladi, Iran (communication)*

*Panel on surgical training and education - Alexei Ivanov, Russia*

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## Session 11 – Room B

### “Urogynecology”

***Be a perfectionist in everything that you do, but particularly in urogynecology (George D Webster, 2013)***

Chairpersons: *Geoff Cundiff, Canada – David Richmond, UK – Elisabetta Costantini, Italy*

*Surgical treatment of stress incontinence by methods of robotic surgery*

***Ivan Kostov – Bulgaria***

*New approach to treat urinary stress incontinence – Jack Atad, Israel*

*What is the moral of the “mesh story”? – Geoff Cundiff, Canada*

*Non-invasive treatment of stress incontinence and other minor problems*

***Gabriela Baiocchi, Italy***

*Prolapse reconstructive surgery in sexually active women*

***Pier Luca Narducci, Italy***

**8:30 a.m. – 1:00 p.m. NESA Executive Board Meeting – Room C**

**10:30 am**                      *Coffee Break*

**11:00 a.m. – 12.30 a.m.**

## Session 12 - Room A

### “The advances in vaginal surgery”

***No single technique is suited to all cases (Constantino Mendieta, 2006)***

Chairpersons: *Danilo Dodero, Italy - Tommaso Simoncini, Italy*

*Legal and ethical aspects in gynecological surgery – Simona Zaami, Italy*

*Solid state laser for vaginal incontinence - Danilo Dodero, Italy*

*Non hormonal treatment of vaginal atrophy and preoperative and postoperative management – Tommaso Simoncini, Italy*

*Vaginoplasty: a modified laparoscopic surgery for vaginal agenesis*

***Homa Bahrami, Abo Taleb Saremi, Tarlan Hamideh Khou, Iran (communication)***

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## Session 13 – Room B

### *“Natural orifice surgery”*

*Surgical approach nowadays proposed appears due to demand of society to offer patient methods less and less invasive “surgery without traces” (Tania Gonzalez Leon, 2011)*

*Chairperson: Antonello Forgione, Italy*

*Recent advances in NOS/NOTES - Antonello Forgione, Italy*

*New endoscopic and surgical bariatric methods – Ricardo Zorron, Germany*

*Natural orifice surgery: philosophical and bioethical issues towards new conceptions in medicine - Luca Cucurachi, Italy*

**12.30 a.m. - 2:00 p.m.** *Lunch Break and Posters View*

**2:00 p.m. - 4:00 p.m.**

## Session 14 – Room A

### *“Treatment of infertility”*

*It is more important to know the patient who has the disease than to know the disease that has the patient (William Osler 1849-1919)*

*Chairpersons: Sandro Gerli, Italy - Zeev Shoham, Israel*

*Fertility enhancing surgeries-role of minimally invasive surgery - Rooma Sinha, India*

*PNEIFERT: an innovative clinical model for a personalized and participatory care in reproductive medicine and ART - Stefania Iaccarino, Italy*

*.....TBA..... – Sandro Gerli, Italy*

*Preservation of fertility in cancer patients – Zeev Shoham, Israel*

*Lymphocyte immune therapy in recurrent IVF failure – Ahad Zare, Abo Taleb Saremi, Narges Roumandeh, Iran (communication)*

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**4:00 p.m. - 4:10 p.m.**

## *Conclusions*

*The Presidents: Gian Carlo Di Renzo, Italy - Michael Stark, Germany - Tahar Benhidjeb, Abu Dhabi - Sandro Gerli, Italy*

## **LOCAL ORGANIZING COMMITTEE**

Sandro Gerli - Chairman

Chiara Belli

Ilaria Bernardini

Roberto Ercolani

Irene Giardina

Tiziana Girelli

Luciana Monfreda

Valentina Tosto

Francesca Zeppetti

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